

SCOPE AND SEQUENCE STATEMENT: YEAR 8 PDH 2025

<u>TERM 1</u>	1	2	3	4	5	6	7	8	9	10	11
OVERALL TOPIC	All In This Together										
OVERVIEW	An inquiry into the diverse nature of Australian society and the importance and benefit of raising awareness for diversity in all forms.										
OUTCOMES	PD4-1, PD4-2, PD4-3, PD4-9, PD4-10										
	PDLS-1, PDLS-2, PDLS-3, PDLS-10, PDLS-11										
ASSESSMENT						CAMP					
11 WEEKS 11 HOURS											
<u>TERM 2</u>	1	2	3	4	5	6	7	8	9		
OVERALL TOPIC	Game Changers (Joint PDHPE and D&I unit)			Training For Improved Performance							
OVERVIEW	A project-based learning concept in conjunction with D&I exploring how technology can be leveraged to improve health			An inquiry into the components of fitness, how they can be improved and how they contribute to improving performance							
OUTCOMES	PD4-6, PD4-7			PD4-4, PD4-5, PD4-8							
	PDLS-7, PDLS-8			PDLS-5, PDLS-6, PDLS-9, PDLS-12							
ASSESSMENT	AT2 – Presentation 20%										
9 WEEKS 9 HOURS											
<u>TERM 3</u>	1	2	3	4	5	6	7	8	9	10	
OVERALL TOPIC	Under Pressure										
OVERVIEW	An inquiry into a range of topics which contribute to stress and pressure for young people including identity, body image, mental health, drugs and exploring relevant help seeking strategies.										
OUTCOMES	PD4-1, PD4-2, PD4-6, PD4-7, PD4-9										
	PDLS-1, PDLS-2, PDLS-7, PDLS-8, PDLS-10										
ASSESSMENT											
10 WEEKS 10 HOURS											
<u>TERM 4</u>	1	2	3	4	5	6	7	8			
OVERALL TOPIC	Exam Revision / Under Pressure continued										
OVERVIEW	An inquiry into a range of topics which contribute to stress and pressure for young people including identity, body image, mental health, drugs and exploring relevant help seeking strategies.										
OUTCOMES	PD4-1, PD4-2, PD4-6, PD4-7, PD4-9										
	PDLS-1, PDLS-2, PDLS-7, PDLS-8, PDLS-10										
ASSESSMENT			AT4 – Exam 30%		Assessment feedback	Lifesaving Program	Enrichment Program				
8 WEEKS 8 HOURS											

TOTAL COURSE HOURS: 38 hours